

dairy allergy Digest from Common Digestive Disorders

Posted by Board Digest - 2010/02/10 17:18

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She said that it could be a hernia in which his bowel is sticking through a tear in his abdominal wall, and that it probably has nothing to do with his other bowel issues (?). 2 Days ago we rushed my son to Hershey Meds ER because he had an erection for a total of 6 hours and he was in great pain. They took blood and his urine (all came back normal) and admitted him overnight. They released him the next day...with the problem still there but alot better and said come back in 4 weeks. I know this all may be unrelated, or it could be. My husband and I are just frustrated that our son has to live with all this pain and discomfort and no one can figure out what it is. We have decided that if a hernia is not present and still no one knows what is causing any of this we will forget Hershey Med and try out The Children's Hospital of Philidelphia. We are so confused and....there is no wat to put into words how we feel. Our son is sick and no one can figure out why. So I t

thought it would be worth a try to post it on here and see if any one has any ideas? Its heartbreaking to see him in this pain. He should be starting school soon but since he cant be potty trained, that wont be happening. We just want him better, so if any one has any ideas/advice or just words of encouragement. We would really appreciate it. Thanks so much!Bloody bowel movementBloody bowel movementMessage #1: Bloody bowel movement Posted by: CalGal37 Date: Jan 22, 2010.SJM, this could be a matter of bleeding hemorrhoids - which can produce a LOT of blood at times - but the first step is to call a primary care doc and get it checked out. The doc will probably want to do a rectal exam which isn't horrendous and possibly do a few other basic tests before considering moving on to a colonoscopy. Primay care docs can do sigmo

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Have Celiac... Need ideas/help Posted by: sheba_q Date: Jan 23, 2010. You're in denial mode, which is pretty normal. A lot of us don't want to accept "something is wrong with me" (I have ulcerative colitis). Reality is though that you have gluten issues and you really need to quit poisoning yourself, and to help you with that I dug out the list that Trudy used to post. It's much easier to deal with a list of things you can eat, instead of a list of what you can't eat (because you know of course that you'll want to just because you've been told No).
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fresh (unbreaded, unmarinated, unprocessed) meats fresh (unbreaded, unmarinated, unprocessed) poultry NOTE: read the label on poultry - many fresh ones have added weight that's got other ingredients - make sure it's either minimally processed or states added weight is only water
fresh (unbreaded, unmarinated, unprocessed) seafood eggs milk, cheese, butter use oils or butter for cooking instead of sprays tofu (unmarinated and unseasoned) fresh potatoes (you can do just about anything you want with them - bake, roast, fry, etc) beans & legumes rice (non-enriched) buckwheat quinoa When buying hamburgers, many brands have added flavoring or breadcrumbs. It really is easy to make them so it might be easier for now to do just that. It's easy - ground beef, egg, chopped onion and Lea & Perrin (this brand is gluten free, not all are). I try to stick with McCormick's brand of seasonings because of companies adding fillers. Heinz ketchup and mustard are gluten free (so's French's mustard). Kraft has a bunch of gluten free salad dressings. Check their web site. Salad dressings that have been confirmed to be gluten free can be used as marinades. Hellman's mayo is gluten free. For soy sauce, make sure the bottle clearly states wheat free. Real soy sauce always has wheat. If you really want pasta, the Ancient Harvest (corn and quinoa) is the best though many also like Tinkyada. Avoid the others. If you really want bread, stick with Kinnikinnick. More stores seem to be carrying it in their health food section. Ener-G is ok but only if you use it for french toast or grilled cheese. It's not all that great plain. If you really want some type of quick fix frozen meal, Amy's makes some pretty decent ones. I find them in the freezer of the health food section of my local grocery store. The absolute BEST pizza crust I've found is using a mix called Chebe. Kinnikinnick does make good GFCF crusts but they're not as good as Chebe. Chebe also makes plain dough and onion bread dough mixes. The thing I like about these mixes is that they do form a dough so I can shape them to whatever I need. I can make bagels, breadsticks, buns of any size and anything else you can think of that would be made from dough. I do also make buns using the Kinnikinnick Kwik Bread mix but you can't shape that. It bakes into nice dinner rolls using muffin tins and I have a tiny sauce pan that's the perfect size for hamburger buns so I do keep it on hand as well. The Kwik bread mix allows for making as big or as small of a batch as you'd like so I love being able to make a single hamburger bun if needed. Wonderful gluten free guide: <http://www.gluten.net/downloads/infopackets/QuickStartDietGuide-2005.pdf> View all discussions at Common Digestive Disorders Use the unsubscribe form to cancel your email subscription.

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ts and just gives me 90 2mg klonips ,something for nausea and wellbuterin for depression . my vomiting is almost always when i first get out of bed. i have done this for as long as 4 months. i sometimes will have 4 months having no problems. the gi doc said i have ibs , but have not seen him in several years.sometimes i will only be well a couple of weeks or sick a couple of weeks. i went to another doc and he had all the test run...nothing!!!.i use to workout and want to again. i belong to a gym and almost got in good shape last year ,then bang. i ate a lot of yogurt for the first time and a few days later started the worst and longest bout in 10 years...wish i could find a doctor here in alabama that really understood....i want to get off the klonipins, but can't afford the weeks off work it would take...i have read my gi doc was very wrong and they are even harder to withdraw from than vanax . i believe it is nerves that aggravate my problem , so whatdoyou do...i have als

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Question: should I simply add magnesium supplementation ?

Question: When is best time to take probiotics? With meals? Breakfast? Better with fiber? thank youView all discussions at Digestive DisordersUse the unsubscribe form to cancel your email subscription.

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tube for fear that I would have a heart attack. Even with the diagnosis, she still sent me to an eating disorder counselor to make sure I didn't have one. It made me and my parents so mad. They ended prescribing two different antibiotics, an acid medicine, and pepto bismal twice a day. I had to do this regimen for 6 months and it cured the problem. Good luck and continue to seek second opinions! Don't give up hope. Common Digestive Disorder everything I eat makes me feel sick Initial Message Posted by: aprilp28 Date: Jan 26, 2010. Ok it's not the flu of that I'm sure. This has been going on since about a week before Christmas. Everything I eat no matter what it is, no matter how small or large of a meal makes me sick to my stomach. It's to the point where I'm vomiting every single day now. I've also been extremely tired but have been getting more than enough sleep and when I get up from sitting or laying I get dizzy and my vision goes blurry. I didn't just recently go to the eye doctor and everything there is fine. These issues have been off and on for years but have never gotten this bad. I am 29 years old. I did have bulimia for about ten years. I would make myself throw up after every meal, every single snack even after drinking a high calorie drink. I haven't been bulimic in about three years. I'm not pregnant either since I had a tubal done two years ago. I'm not having any stomach pains in between eating. I've not been sick or been around anyone that has been sick. I have had stress but really who doesn't? I've not used any new products or had any changes in diet. I'm not overweight, I'm not a smoker and I drink maybe once every other week and in very very small amounts and don't do drugs. Any ideas I really need some help!!! I'm scared that I destroyed my stomach when I was

younger and dumber. Gallbladder pain Gallbladder pain Message #1: Gallbladder pain Posted by: Therhry Date: Jan 26, 2010. Hi Desert68, I SO empathize with you! I have gallstones - was diagnosed with it in 2007, but I had frequent attacks of pain long before that. It actually started in 2004 and when I went to see the GP about it, I was told that I was suffering from IBS. Yeah right!! I had a really bad attack at the beginning of June 2007 and I thought I had contracted very bad gastro. When I noticed I was yellow, I then realized it was time for me to go back to my GP. It turned out I had what is commonly called "Obstructive Jaundice" which basically means that a gall stone comes out of the gall bladder and gets stuck in the common bile duct. This is very dangerous and can cause liver inflammation and pancreatitis. I then went into hospital for 6 days and was put on a very aggressive course of anti-biotics via IV. Since that time I basically left it alone and had re-occurring bouts of moderate to severe pain until the end of May 2009 when I got another attack. I found the only thing that really helped was a schedule 3-5 pain killer. Subsequently I've had the stone removed by a procedure called ERCP (you will find all the info on this website) and my gall bladder with all my stones has been left intact inside me. Thankfully I've had no further episodes and the Gastroenterologist told me I shouldn't have any further problems, but if I do, they will then remove the gall bladder entirely. When you have pain and tenderness on the upper right-hand side of your abdomen, going around to your back it's usually caused by gall stones. As was explained to me by my Gastroenterologist; the gall bladder itself with the stones inside it, does not cause you pain. There is only pain when a stone enters the CBD (common bile duct) and gets stuck at the opening of the Duodenum. This is where bile is pumped out of the gall bladder and into the stomach when you eat. If it is not seen to and the stone removed you'll have re-occurring episodes of pain and terrible discomfort (my pain used to get so severe that I'd vomit up all my meals I'd eaten) where my upper abdomen would actually distend and for a few hours I couldn't lie down or move around too much and as I mentioned, you'll damage your liver and get Pancreatitis. There will only be tenderness and pain if the above has occurred or you have inflammation of the gall bladder, but this is usually caused by an obstruction. Please don't leave it as long as I did because it damaged my liver function and the doctors have told me that it's going to take at least 1-2 years for my liver to repair itself. I hope this helps you. All the best

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Posted by Board Digest - 2010/02/10 17:18

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if his neck is getting warm. Then within a minute or two, he says that he feels "high". But not its not a euphoric high .. he says its a bad high as if he took bad (illegal) drugs, which he doesn't. This high sensation is strong for 10-15 minutes and then subsides, but is still present for several hours. After the 15 minutes or so goes by, strangely enough, he feels pain in BOTH his lower legs. Yes, this is where it gets weird ... something he eats or something triggered in his digestive system causes a neurological reaction in BOTH legs ... from the heel of his foot, up thru ankle to about the middle of the calf. Then he feels extremely bloated and gas-ey, as well as somewhat lethargic. This state of being I just described lasts for several hours .. as much as 6-8 hours I think ... and after that, he starts to feel everything subside. The high goes away. At the same time, the bloating stops, he is then able to burp, he becomes very hungry, and the pain in both his

legs goes away. But the funny thing is, following one of these episodes, he becomes constipated for 2 or 3 days. The constipation makes it apparent to us, that this is something in the digestive system which is triggering a neurological reaction. But we can't figure out what!! Is it something specific he ate? Is it something that can be treated with antibiotics or herbal supplements? Is it something more serious that we need to be worried about?? We also can't seem to figure out what kind of doctor he should see. We have been to 2 Ear/Nose/Throat specialists ... 2 gastrointestinal doctors, the last of which did many tests on him and could not find anything. He has been on Nexium for some time as we were thinking acid reflux, but the Nexium doesn't seem to help. Occasionally we have noticed the episodes to be less severe with use of the Nexium, but we are not sure if it is the Nexium helping or just "an off week". This cycle happens just about every week and is

at times, very strong, sometimes causing him to be unable to work. Please help, my friend is in a lot of pain! God Bless!constipation gas & calciumconstipation gas & calciumMessage #1: constipation gas & calcium Posted by: CalGal37 Date: Jan 31, 2010.You can take probiotics at any time during the day, with or without food. It's possible the high fiber might be causing some of the gas/constipation. You may want to consider changing the form of fiber you're

taking in to see if that makes a change. Eggs by themselves cause problems. Message #1: Eggs by themselves cause problems. Posted by: CalGal37 Date: Jan 31, 2010. Unfortunately, this happens to a lot of people. It's possible that the albumin (major protein in the egg whites) may have triggered a 'sensitivity' in your system, and in a 'concentrated form' - scrambled, etc., your body just can't handle it. You may want to ask your doc to check for reactions to albumin/eggs. If that is what's going on, you're unfortunately going to have to abstain from eggs in 'whole' form if you want to feel better. Message #2: Eggs by themselves cause problems. Posted by: clwpocahontas Date: Jan 31, 2010. After researching this word 'albumin' it states it is found in milk and wheat products. I can drink milk daily with no ill effects and I eat wheat bread every day. Is it possible to have such an allergy to 'albumin' in only one food? Message #3: Eggs by themselves cause problems. Posted by: EmilyL22 Date: Jan 31, 2010. I developed this problem in my early 30's.....and I love eggs. So I can relate to how irritating it is.

My doctor indicated to me that my stomach was lacking an enzyme to break down the protein..and said yes enzymes change. because I too had eaten eggs all my life. I started to notice the problem with tuna and peanut butter also..I would get pretty severe stomach pain accompanied by a lot of belching and nausea. I did say I love eggs...so I kept trying to eat them every so often and it seems now about 6 years later I am tolerating them very well. So maybe whatever I was lacking returned??!!

I don't know but good luck.....

I'm going to keep watching responses..I kinda thought I was crazy! Message #4: Eggs by themselves cause problems. Posted by: clwpocahontas Date: Jan 31, 2010. When you mentioned enzymes I did some internet searching. Here is a website I found that talks about those enzymes and a supplement that may help. I am going to pick it up tomorrow. Will let you know if I can eat eggs again.

<http://www.enzymeessentials.com/HTML/protease.html> Friability of anastomosis? Friability of anastomosis? Message #2: Friability of anastomosis? Posted by: PamKam Date: Jan 31, 2010. Thank you so much CalGal, I appreciate your help. I have a post up apt on the 11t

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ne just under my breastbone for quite sometime. My abdomen is also tender to the touch from below my breastbone down to my belly button, as well as on the right side and a little aching in my back. The last 4 times or so I've tried to drink an alcoholic beverage, which for me is a margarita or daiquiri, I end up having intense pain right at my breastbone straight through to my back. It starts about 15 minutes after I finish my drink and the attacks only last for 15-20 minutes. Also, I burp all the time. My doctor thinks that this is due to the hiatal hernia and reflux. He prescribed Carafate which I'm supposed to take for the next 30 days and was also told to take Prilosec once a day. I do some days feel a tightness from my stomach up to my throat but it doesn't happen very often so I didn't mention it to my doc. My throat has been red and irritated looking but doesn't usually hurt. Are these all symptoms one would experience with a hiatal hernia and reflux? M

My main question is is it possible to have problems from reflux without knowing it? I've never had heartburn in my life. Also, I should mention that I had my gallbladder removed in December after having several, what I'm knowing wonder if they really were, gallbladder attacks. I did have a gallstone but since I'm still experiencing most of the symptoms I had before I'm wondering if my gallbladder was even the problem. Before all of this started back in August I had been in perfect health and hadn't been to a doctor in probably 6 years. View all discussions at Digestive Disorders Use the unsubscribe form to cancel your email subscription.

dairy allergy Digest from Common Digestive Disorders

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